



## **COVID ASSESSMENT TOOL**

### **Complete Before School Each Morning**

If you are experiencing any of the following COVID symptoms, you are expected to stay at home and work remotely. If plan to work remotely or you are unable to work remotely, due to illness, please report your absence to Kara Wilkes (or Amy Clark) as soon as possible

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Cough (unless the cough has a known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache when in combination with other symptoms listed
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue when in combination with other symptoms listed
- Nasal congestion or runny nose (unless the congestion or runny nose has a known cause, such as allergies) and in combination with other symptoms
- Had “close contact” with someone who has tested positive for COVID (“close contact” is defined as only those who have been within 6 feet of distance of the individual for at least 15 minutes during a day while the person was infectious even if masked)

If you have any questions about this Daily Assessment, please contact our Nurse, Kim Ravizza #413-351-8322  
We thank you for cooperating with efforts to mitigate the spread of COVID in our community.